## God says he's with me

JACQUES DE VITRY (c. 1160/70 – 1240) from "A Sermon for Pilgrims," section 11 translated by ADAM F MCCUNE

## Original Latin

Times mare propter ventos, sed Dominus ut fieret tranquillitas ventis imperavit; propter fluctus, sed Dominus super fluctus ambulavit; propter amaritudinem, sed Dominus aquas Marath dulcoravit. Propter latitudinem, sed Dominus continet in utre aquas maris. Propter profunditatem, sed Dominus Ionam de ventre ceti vocavit. Times vie pericula, sed Dominus ait, 'In via hac qua gradieris firmabo super te oculos meos'. Qui etiam de se ait, 'Cum ipso sum in tribulatione'. Unde Bernardus, 'Domine, si mecum es in

tribulatione, numquam desint michi

tribulationes!'

English Translation

You fear the sea because of winds that sweep, But by his word our Lord has stilled the gale. You fear the sea because the sea is deep, But our Lord called out Jonah from the whale.

You fear the sea because the waves are high, But our Lord walked on waves as if on land. You fear the sea because the sea is wide, But our Lord holds the sea within his hand.

You fear a sea as bitter as your tears, But our Lord made the bitter waters sweet. You dread the road, its robbers and its fears, But God will watch you where you set your feet.

God says he's with me when my troubles grieve me. If so, Lord, let my troubles never leave me!

Translation © 2025 Adam F McCune